

Jordan Packing List

Not all the items on this list are needed, but this can serve as a guide to help you as you begin to pack.

Clothes

Pants
Shirts
Skirts/Dresses
Pajamas/Robe
Socks
Underclothes
Shoes
Flip Flops
Light-weight Jacket or Sweater
Swimming Clothes (Dead Sea)

Medicine

Tylenol/Advil
Pepto Bismol
Phenergan Pills
Dramamine
Tylenol PM
Rolaids/Tums
Prescription Medicine (must be in original bottle)
Allergy Medicines
Band-Aids
Vitamins

Hygiene

Shampoo
Conditioner
Hair Gel
Hair Brush
Hair Spray
Soap/Body Wash
Toothbrush/Toothpaste
Breath Mints/Gum
Toilet Paper
Contacts/Solution
Razor/Blades
Shaving Cream
Chapstick
Deodorant
Hand Sanitizer**
Dental Floss
Eye Drops
Sunblock

Miscellaneous

Bible**
Devotional Book
Journal**
Reading Material
Training Materials
Pen/Notebook
Portable CD player/MP3 player/Headphones
Batteries
Money for Souvenirs, phone calls, etc.
Snack Foods
Flashlight
Sunglasses
Bug spray with DEET
Family Photos
International Converter*
Reading Glasses
Ear Plugs
Camera/Video Camera*

** You must bring an adapter for any electronics that are only 110V and a converter to plug in any electronics that are 110/220V*

**** VERY IMPORTANT**